

Vaccination and Immunisation During Pregnancy: A Comprehensive Guide



Highlights

Vaccination is the process of getting a vaccine, while immunisation is when your body builds immunity after receiving a vaccine.

Vaccinations protect both you and your baby from harmful diseases.

Some vaccines are recommended before and during pregnancy, while others should be avoided.

Many vaccines are free during pregnancy under national immunisation programs.

The Immunisation Register helps track vaccinations for you and your baby.

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Immunizations Before, During and After Pregnancy

	What immunizations can I have?	When can I get immunized?
Before Pregnancy	Influenza (flu) COVID-19 Other vaccines (if recommended) ³	At any time At any time At any time (for non-live or at least 28 days before falling pregnant (for live vaccines) ³)
After Pregnancy	Influenza (flu) COVID-19 Whooping cough (pertussis)	At any time At any time At any time
After Pregnancy	Influenza (flu) COVID-19 Other vaccines (if recommended) ³	At any time At any time

1. Check your immunisation record and speak to your doctor to see if your immunisations are up-to-date.

2. Live vaccines include MMR (measles, mumps, rubella), varicella (chickenpox) and yellow fever.

3. Yellow fever vaccine should only be given if the benefits are greater than the risks.

Vaccinations to Avoid During Pregnancy

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