

The Role of Pharmacists in Pregnancy, Breastfeeding, and Childcare



Highlights

Pharmacists are highly trained health professionals. They specialize in medicines and provide expert advice on their safe use.

Pharmacists work in community pharmacies, hospitals, and health centers. They dispense medications and offer health-related services.

They can guide you on medicine safety during pregnancy, breastfeeding, and childhood.

In This Article

Understanding the Role of a Pharmacist

Education and Training of Pharmacists

Why Consult a Pharmacist During Pregnancy or Parenthood

Pharmacy-Based Health Services

Getting the Most from Your Pharmacist

Medicine Safety During Pregnancy and Breastfeeding

Medicine Safety for Children

How to Find a Pharmacist

Tools And Assistance

Understanding the Role of a Pharmacist

Education and Training of Pharmacists

Why Consult a Pharmacist During Pregnancy or Parenthood

Pharmacy-Based Health Services

Pregnancy and postnatal care advice
Infant health consultations
Vaccinations, including flu and COVID-19
Blood pressure monitoring
Diabetes and asthma care education
Weight management programs
Smoking cessation support
Wound care and minor injury treatment
Hearing and vision screening

Getting the Most from Your Pharmacist

Inform the pharmacist if you're pregnant or breastfeeding.
Mention your child's age and weight when asking about their medicines.
Make a list of questions before your visit.
Bring medication packaging if you need information about a specific medicine.
Ask about alternative treatments if you're unsure about a medicine.
Be patient during busy times, as pharmacists may need time to provide detailed guidance.

Medicine Safety During Pregnancy and Breastfeeding

Medicine Safety for Children

Your child is taking multiple medications.
Your child has a liver or kidney condition.
Your baby was born prematurely.

How to Find a Pharmacist

Tools And Assistance

Community health workshops on topics like asthma management or baby care

Dosage calculators for pediatric medications

Educational brochures on safe medication use

Mobile apps offering pharmacy Q&A and medicine reminders

Access to drug interaction checkers

Pharmacy helplines for after-hours advice

Medication record booklets to track prescriptions for you and your child

Breastfeeding and pregnancy medicine guidelines from pharmacists