

# Everything You Need to Know About Fertility Tests and Treatments



## Highlights

You and your partner will both need tests to work out why you can't get pregnant.

Your doctor may refer you for fertility tests, which will usually happen in a hospital or at a fertility clinic.

Fertility treatments try to either fix your infertility issue or use an assisted reproductive technology to help you become pregnant.

The treatment options depend on your cause of infertility and individual circumstance.

Treatments vary in how much they cost and how well they work.

## In This Article

How infertility is tested

Fertility tests for men

Fertility tests for women

Fertility treatments available

Tools and Assistance

## How Infertility Is Tested

## **Fertility Tests for Men**

### **Semen Analysis**

There are not enough sperm.  
The sperm are not moving properly.  
The sperm shape is not typical.

### **Hormone Tests**

### **Imaging Tests**

Ultrasound  
MRI  
X-rays

### **Testicular Biopsy**

### **Genetic Testing**

## **Fertility Tests for Women**

### **Ovulation Testing**

### **Ovarian Reserve Testing**

### **Other Hormone Tests**

### **Test for Chlamydia**

A urine test  
A cervical swab \ (can be self-collected)

### **Ultrasound Scan**

### **Imaging of Fallopian Tubes**

## **Laparoscopy**

### **Fertility Treatments Available**

Fix underlying infertility issues

Use assisted reproductive technologies such as IVF

## **Surgery**

### **Intrauterine Insemination (IUI)**

The sperm quality or quantity is reduced

Cervical mucus is too thick

### **Ovulation Induction (OI)**

### **In Vitro Fertilization (IVF)**

A range of infertility issues

Same-sex couples

Single parents

Individuals wishing to avoid passing on genetic conditions

### **Intracytoplasmic Sperm Injection (ICSI)**

### **Sperm Harvesting Procedures**

### **Tools and Assistance**

### **Fertility Specialists and Clinics**

### **Fertility Support Groups and Counseling**

### **Online Resources**

### **Financial Assistance for Fertility Treatments**