

# Parenting a Child with Autism Spectrum Disorder (ASD)



## Highlights

Autism Spectrum Disorder (ASD) affects the way your child relates to their environment and others.

ASD includes Autism, Asperger's syndrome, and Pervasive Developmental Disorder. Each child's experience with ASD is unique, and treatment should be personalized.

Early intervention is crucial for helping children improve social, communication, and emotional skills.

## In This Article

What is ASD, autism, and Asperger's syndrome?

What to do if your child is diagnosed with ASD

How to care for a child with ASD

Financial support

What help is available?

## What is ASD, autism, and Asperger's syndrome?

Autism

## Asperger's Syndrome

Pervasive Developmental Disorder Not Otherwise Specified

Social communication and interaction

Restricted or repetitive behaviours and interests

Boys: Limited speech, reduced interest in imaginative play, aggression when overwhelmed, difficulties socializing

Girls: Stronger speech skills, rich imagination, shy or passive reactions when overwhelmed, imitation of others in social settings

### **What to do if your child is diagnosed with ASD**

Speech and language development

Participation in daily activities

Building social and emotional skills

Preparing for school transitions

### **How to care for a child with ASD**

#### **Financial support**

#### **What help is available?**

Local developmental or disability associations

Community organizations that offer diagnostic services, guidance, or early intervention

Healthcare professionals who provide emotional support or developmental advice

#### **Tools and Assistance**